Quinoa Bites

FOODSERVICE

SERVING SIZE: **24**

Ingredients

- 6 cups **Furmano's Fully Cooked Quinoa**
- 2 each Eggs
- 1 cup Chopped Onion
- 1 cup Mozzarella Cheese
- 1 1/2 teaspoons Minced Garlic
- 1/2 cup Chopped Basil
- 1/3 cup Chopped Grape Tomatoes
- 1/2 teaspoon Salt
- 1/2 teaspoon Black Pepper
- 1 teaspoon Chili Powder
- 2 tablespoons Sliced Green Onion

In This Recipe



Fully Cooked Quinoa - 24 oz.



Fully Cooked Quinoa - 96 oz.

Preparation

1. In a large bowl, mix together All ingredients until well blended
2. Preheat oven to 350°. Spray Muffin tin with non-stick cooking spray
3. Using a tablespoon, fill muffin tin with quinoa mixure. Bake for 20 minutes until cooked through and browned on top

Copyright 2024 Furmano's. All Rights Reserved.

