Quinoa and Black Bean Salad



FOODSERVICE

SERVING SIZE: 20

Ingredients

- 2 1/2 cups Furmano's Fully Cooked Quinoa
- 1 1/4 cups Furmano's Seasoned Black Beans, Drained
- 3 tablespoons Fresh Lime Juice and Zest of Lime
- 2 tablespoons Chipotle in Adobo
- 3 tablespoons Apple Cider Vinegar
- 5/8 cup Extra Virgin Olive Oil
- 1 1/4 dozen Scallions, White and Light Green Parts Only, thinly sliced
- 1/4 cup Red Onion, Finely Diced
- 1/4 cup Cilantro, Chopped
- As Needed Pepper to Taste
- As Needed Salt To Taste

In This Recipe



Fully Cooked Quinoa - 24 oz.



Fully Cooked Quinoa - 96 oz.



Pouch Seasoned Black Beans



Seasoned Black Beans

Preparation

- 1. In a large bowl, whisk vinegar, lime juice, zest, and chipotle. In a thin slow steady stream add olive oil and whisk until blended.
- 2. Add in the quinoa, black beans, scallions, red onion and cilantro. Toss to combine.
- 3. Can be served immediately.

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