

Pumpkin Pie Dessert Hummus



FOODSERVICE

SERVING SIZE: 15

Ingredients

- 2 cups **Furmano's Chick Peas (Garbanzo Beans)**, Drained & Rinsed
- 1 cup 100% Pure Pumpkin
- 2/3 cup 100% Maple Syrup Grade A Dark Color
- 1 teaspoon Ground Nutmeg
- 1 teaspoon Ground Allspice

In This Recipe



Pouch Chick Peas for Hummus - No EDTA



Low Sodium - All Natural Extra Fancy Chick Peas (Garbanzo Beans)



Chick Peas for Hummus

Preparation

1. In a food processor combine all ingredients and puree until smooth.

