

Pomegranate, Avocado and Farro Salad with Candied Walnuts



SERVING SIZE: 6

Ingredients

- 1 cup Candied Walnuts-[VIEW RECIPE](#)
- 6 cups Mixed Greens
- 2 cups Arugula
- 1 unit Avocado, Sliced
- 1 cup Pomegranate Seeds
- 1 1/2 cups **Furmano's Fully Cooked Farro**, Drained & Rinsed
- 1/4 cup Blue Cheese, Crumbled
- As Needed Salt To Taste
- As Needed Pepper to Taste
- 1 1/2 cups Pomegranate vinaigrette

In This Recipe



Fully Cooked Farro - 24 oz.



Fully Cooked Farro - 96 oz.

Preparation

1. In a large mixing bowl combine all ingredients and toss to combine. Serve with Walnuts as a garnish.

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