

Old Bay Roasted Chickpeas



FOODSERVICE

SERVING SIZE: 4

Ingredients

- 1 cup **Furmano's Chick Peas (Garbanzo Beans)** , Drained & Rinsed
- 2 tablespoons Olive Oil
- 1 tablespoon Old Bay Seasoning

In This Recipe



Chick Peas (Garbanzo Beans) - 15.5 oz.



Organic Chick Peas (Garbanzo Beans)

Preparation

1. Preheat oven to 400F.
2. In a medium sized mixing bowl combine all ingredients and toss well.
3. On a Pam spray lined sheet tray lay out evenly and roast for twenty three minutes. Serve immediately.

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