

Black Bean Spirals



FOODSERVICE

SERVING SIZE: 16

Ingredients

- 3 cups Rotini Pasta, Cooked
- 1 1/2 cups **Furmano's Black Beans**, Drained & Rinsed
- 2 cups Grape Tomatoes
- 1/4 cup Onion, Minced
- 1 liquid cup Light Italian Dressing
- 1/2 teaspoon Crushed Red Pepper Flakes
- As Needed Baby Spinach

In This Recipe



Black Beans, Low Sodium -
Bella Vista



Black Beans in Brine

Preparation

1. Add Rotini, Furmano's Black Beans, Grape Tomatoes, Red Onion, Italian Dressing, and Crushed Red Pepper Flakes to a large mixing bowl and mix well.
2. Just before serving, add Baby Spinach and toss to coat.

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