

# Black Bean Pico De Gallo



**FOODSERVICE**

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**SERVING SIZE: 4**

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## Ingredients

- 1 1/3 liquid tablespoons Canola Oil
- 1/4 cup Onion, Minced
- 2 teaspoons Minced Garlic
- 3 tablespoons Jalapeno, Minced
- 1 cup **Furmano's Salsa Diced Tomatoes**
- 2 liquid teaspoons Lime Juice
- 1 teaspoon Cilantro, Chopped
- 1 teaspoon Salt
- 1/8 teaspoon Black Pepper
- 1 cup **Furmano's Black Beans**, Drained & Rinsed

## In This Recipe



Black Beans, Low Sodium -  
Bella Vista



Black Beans in Brine

## Preparation

1. Place all ingredients into a large mixing bowl. Gently toss together to incorporate all ingredients evenly. Alternately, toss Furmano's Black Beans with your favorite Pico de Gallo and increase seasonings.

