# Salad Shaker



#### **FOODSERVICE**

**SERVING SIZE: 10** 

### Ingredients

- 2 cups Furmano's Stewed Tomatoes
- 3/4 cup Fruity Extra-Virgin Olive Oil
- 2 tablespoons Balsamic Vinegar
- 2 tablespoons Red Wine Vinegar
- 2 teaspoons Garlic
- 1/4 teaspoon Kosher Salt
- 2 ounces Mixed Greens
- 1 Scoop of Furmano's Quinoa
- 1 Scoop of Furmano's Garbanzo Beans (Chick Peas)
- As Needed Shredded Carrots

### In This Recipe



Fully Cooked Quinoa - 24 oz.



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Chick Peas (Garbanzo Beans) - 15.5 oz.



Pouch Extra Fancy Chick Peas (Garbanzo)



Stewed Tomatoes In Juice

## **Preparation**

- 1. Build: Quinoa Bottom
- 2. Mixed Greens
- 3. Chick Peas
- 4. Shredded Carrots
- 5. Then follow procedure and fill serving cup with vinaigrette at top.

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