Thai Chili Bean Salad



FOODSERVICE

SERVING SIZE: 8

Ingredients

- 4 fluid ounces Rice Vinegar
- 1 liquid teaspoon Sesame Oil
- 2 fluid ounces Canola Oil
- 2 fluid ounces Soy Sauce
- 1 1/3 tablespoons Sugar
- 1 liquid teaspoon Hot Pepper Sauce
- 3 cups Furmano's Dark Kidney Beans, Drained and Rinsed
- 2 cups Furmano's Chick Peas , Drained and Rinsed
- 1 teaspoon Minced Garlic
- 1/2 cup Diced Onion
- 1/2 cup Sliced Thai Red Chilies
- 1/4 cup Chopped Parsley

Preparation

- 1. In a large bowl, add Rice Vinegar, Sesame Oil, Canola Oil, Soy Sauce, Sugar and Hot Pepper Sauce. Whisk together.
- 2. Add Red Kidney Beans, Chick Peas, Garlic, Onion, Thai Chilies, and Parsley. Toss to coat with dressing. Marinate for 1 hour prior to serving.

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In This Recipe



Extra Fancy Chick Peas (Garbanzo Beans)