Organic Three Bean Salad







SERVING SIZE: 30

Ingredients

- 7 1/2 cups Furmano's Organic Chick Peas, Drained & Rinsed
- 7 1/2 cups Furmano's Organic Kidney Beans, Drained & Rinsed
- 7 1/2 cups Furmano's Organic Black Beans, Drained
- 1 7/8 liquid cups Organic Olive Oil
- 1/2 cup Organic Garlic Minced
- 1 1/4 tablespoons Organic Sea Salt
- 1 7/8 teaspoons Organic Black Pepper
- 2 1/2 tablespoons Organic Parsley
- 1 7/8 cups Organic Red Onion Diced
- 1 1/4 fluid ounces Organic Red Wine Vinegar
- 1/2 cup Organic Basil, Chopped
- 3 3/4 cups Organic Grape Tomatoes
- 1/2 cup Organic Green Onion

Preparation

- 1. Add Olive Oil, Red Onion, and Red Wine Vinegar into a large mixing bowl
- 2. Wisk together with Salt and Black Pepper
- 3. Add Chick Peas, Kidney Beans, and Black Beans. Mix to incorporate
- 4. Add Parsley, Basil, Green Onion, and Grape Tomatoes, toss gently.

In This Recipe



Pouch Organic Black Beans In Brine



Organic Chick Peas (Garbanzo Beans)