

# Mediterranean Chick Peas



**FOODSERVICE**

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**SERVING SIZE: 40**

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## Ingredients

- 10 cups **Furmano's Chick Peas**, Drained
- 1 1/4 cups Red Onion, Sliced
- 1 1/4 cups Diced Red Pepper 1/4 inch
- 2 1/2 cups Diced Feta Cheese
- 1 1/4 liquid cups Prepared Italian Dressing
- 10 cups Mixed Greens

## In This Recipe



Extra Fancy Chick Peas  
(Garbanzo Beans)

## Preparation

1. In a large mixing bowl, add Furmano's Chick Peas, Red Onion, Red Pepper, and Feta Cheese. Toss.
2. Add Prepared Dressing and marinate for at least 1 hour prior to serving.
3. Just before serving, gently toss Greens with Chick Pea mixture.

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