Lemon Glazed Black Bean Orzo

FOODSERVICE

SERVING SIZE: **40**

Ingredients

- 1 1/2 liquid cups Canola Oil
- 1 2/3 fluid ounces Lemon Juice
- 3 1/3 tablespoons Minced Garlic
- 8 3/4 cups Cooked Orzo
- 6 1/4 cups **Furmano's Black Beans,** Drained & Rinsed
- 5/6 cup Onion, Minced
- 1 tablespoon Salt
- As Needed Crushed Red Pepper Flakes
- 6 1/4 cups Halved Grape Tomatoes
- 6 1/4 cups Baby Spinach

In This Recipe



Black Beans, Low Sodium - Bella Vista



Black Beans in Brine

Preparation

1. In a large mixing bowl, add Canola Oil, Lemon Juice, and Garlic. Whisk to emulsify.
2. Next, add Orzo, Furmano's Black Beans, Onion, Salt, and Crushed Red Pepper Flakes. Gently toss to mix.
3. Before serving, mix Tomatoes, and Baby Spinach into Orzo Salad.
4. ***Alternately, this may be served as a hot side by sauteing the Garlic, Onion, and Seasonings in the Canola Oil. Then adding the Orzo, Tomatoes, and Baby Spinach. Toss with Lemon Juice after heated through.

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