

Hummus-Nut Free



FOODSERVICE

SERVING SIZE: 32

Ingredients

- 3 cups **Furmano's Chick Peas** , Drained and Rinsed
- 1/2 cup Greek Yogurt
- 2 tablespoons Canola Oil
- 1/4 cup Aquafaba (Brine from Chick Peas)
- 1/4 cup Lemon Juice
- 2 teaspoons Minced Garlic
- 1/2 teaspoon Cumin
- 1 teaspoon Salt

In This Recipe



Chick Peas (Garbanzo Beans) - 15.5 oz.

Preparation

1. In a food processor, add all ingredients and puree until smooth

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