

Fagioli E Pepe Organico



FOODSERVICE



SERVING SIZE: 1

Ingredients

- 1/4 cup **Furmano's Organic Chick Peas**, Drained & Rinsed
- 1/4 cup **Furmano's Organic Kidney Beans**, Drained & Rinsed
- 2 tablespoons Organic Red Pepper 1/2" Diced
- 2 tablespoons Organic Green Pepper 1/2" Diced
- 3/4 teaspoon Organic Garlic Minced
- 1 liquid tablespoon Organic Olive Oil
- 1/3 teaspoon Organic Parsley, Chopped
- 1/8 teaspoon Organic Sea Salt
- 1/8 teaspoon Organic Black Pepper
- 1/4 tablespoon Organic Green Onion

In This Recipe



Organic Chick Peas
(Garbanzo Beans)

Preparation

1. Add Olive Oil, Garlic, Sea Salt, Black Pepper, and Red Wine Vinegar to a large Cambro and whisk together
2. Add Chick Peas, Kidney Beans, Chopped Parsley, Diced Red Pepper, and Diced Green Pepper, toss to coat
3. Allow to sit, refrigerated for at least one hour before service

