Egg Free Gluten Free Crab Cakes





SERVING SIZE: 6

In This Recipe

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- 1/4 cup Drained Brine from Furmano's Low Sodium All Natural Chick Peas (Aquafaba)
- 1/8 teaspoon Cream of Tartar
- 1 1/4 teaspoons Salt
- 2 tablespoons Lemon Juice
- 1 1/2 teaspoons Rice Vinegar
- 1 tablespoon Corn Syrup
- 3/4 cup Canola Oil
- 1/4 teaspoon Hot Pepper Sauce
- 1/4 teaspoon Dijon Mustard
- 3 fluid ounces Drained Brine from Furmano's Low Sodium All Natural Chick Peas (Aquafaba)
- 2 cups Gluten Free Crackers, Crushed
- 2 pound Crab Meat
- 1/4 cup Sliced Green Onions

Preparation

- 1. In a food processor add Aquafaba, Cream of Tartar, Salt, Lemon Juice, Rice Vinegar, and Corn Syrup. Blend at medium speed.
- 2. While mixer is running, drizzle Canola Oil, in a thin stream, until incorporated and mixture takes on the texture of mayonnaise.
- 3. Place in a large bowl and add Hot Pepper Sauce, second measurement of Aquafaba, and Dijon Mustard.
- 4. Next add Crab Meat, Crushed Cracker Crumbs, and Sliced Green Onions. Fold together to mix.
- 5. Preheat Oven to 400 degrees.
- 6. Make Crab Cakes to desired size and heat to an internal temperature of 165 degrees.

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