Black Bean Chocolate Mousse







SERVING SIZE: 20

Ingredients

- 15 ounces Semi Sweet Chocolate Chips
- 10 ounces Butter
- 10 each Egg Yolks
- 1 7/8 cups Furmano's Black Beans, Drained
- 10 each Egg Whites
- 2 1/2 ounces Sugar
- 6 2/3 fluid ounces Heavy Cream

In This Recipe



Pouch Black Beans in Brine



Low Sodium - All Natural Black Beans in Brine

Preparation

- 1. Melt Chocolate and Butter over a double boiler.
- 2. In a food processor, blend together Egg Yolks and Furmano's Black Beans.
- 3. Allow chocolate mixture to cool slightly then slowly add egg yolk and black bean mixture. Whisk while adding.
- 4. Beat Egg Whites into soft peaks, then slowly add Sugar and beat into stiff peaks.
- 5. Fold whipped egg whites into chocolate mixture.
- 6. Whip Heavy Cream into soft peaks and fold into chocolate mixture.
- 7. Spoon mousse into serving bowls or chill completely and pipe into desired serving style.

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