Aquafaba Phyllo Cups



FOODSERVICE



SERVING SIZE: 20

Ingredients

- As Needed AQUAFABA WHIPPED CREAM
- 1 cup Aquafaba (Brine from Furmano's Garbanzo Beans)
- 1/2 cup Powdered Sugar
- · 2 teaspoons Cream of Tartar
- As Needed PHYLLO CUPS
- 1 2/3 dozen Phyllo Cups

In This Recipe



Chick Peas (Garbanzo Beans) - 15.5 oz.

Preparation

- 1. Add Aquafaba (Brine from Furmano's Chick Peas) to a table top mixer with a whisk attachment. Whip on medium speed until peaks start forming.
- 2. Next add Powdered Sugar and Cream of Tartar and whip into stiff peaks.
- 3. Fill each Phyllo Cup with Aquafaba topping and top with a dollop of your favorite perserve such as Lemon Curd or Raspberry Jam.

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