Aquafaba Hollandaise



FOODSERVICE



SERVING SIZE: 10

Ingredients

- 1/3 cup Aquafaba (brine from Furmano's Garbanzo Beans (Chickpeas))
- 1 teaspoon Lemon Zest
- 1 tablespoon Fresh Lemon Juice
- 2 teaspoons Dijon Mustard
- 1/4 teaspoon Kosher Salt
- 1/2 cup Olive Oil

In This Recipe



Chick Peas (Garbanzo Beans) - 15.5 oz.



Pouch Low Sodium All Natural Extra Fancy Chick Peas

Preparation

- 1. In a stand mixer, mix the Aquafaba on high speed for several minutes, until the Aquafaba is white and fluffy and forms peaks like egg whites.
- 2. Using a rubber spatula, fold in the Lemon Zest, Lemon Juice, Dijon Mustard and Salt.
- 3. Turn the mixer back on, and slowly drizzle in the Olive Oil. The oil should emulsify and the Hollandaise should be a creamy sauce. Place the mixture in the refrigerator to thicken up.

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